

## PODIATRY ASSESSMENT REQUEST FORM (NCCCG)

INADEQUATELY COMPLETED FORMS AND UNJUSTIFIABLE REQUESTS WILL BE RETURNED TO THE REFERRER

PATIENT DETAILS:			Referral Date: Short date letter merged	
<b>SURNAME:</b> Surname	<b>DOB:</b> Date of Birth	<b>PRACTICE:</b> Organisation Full Address (stacked)	<b>URGENCY:</b> Routine <input type="checkbox"/> Urgent <input type="checkbox"/>	<b>OFFICE:</b>
<b>FIRST NAME:</b> Given Name	<b>GENDER:</b> Gender(full)	<b>Tel:</b> Organisation Telephone Number	<b>Biomechanics</b> <b>Paediatrics</b> <b>Wound Care</b> <b>General Podiatry</b>	
<b>NHS NUMBER:</b> NHS Number	<b>Practice code:</b> Organisation National Practice Code	<b>Domiciliary</b>		
<b>ADDRESS:</b> Home Full Address (stacked)		<b>INFECTION RISK?</b> (if yes, state MRSA, etc.) YES <input type="checkbox"/> NO <input type="checkbox"/>	<b>Refer directly to department / booking centre</b>  <b>Give reasons for domiciliary request in referral reason box</b>	
<b>PHONE:</b> Home: Patient Home Telephone Mobile: Patient Mobile Telephone Work: Patient Work Telephone			<b>CATEGORY:</b> NHS <input type="checkbox"/> PP <input type="checkbox"/> <b>INPATIENTS (Community hospital setting only):</b> Walking <input type="checkbox"/> Chair <input type="checkbox"/> Trolley <input type="checkbox"/> Bed <input type="checkbox"/> Needs Oxygen <input type="checkbox"/> <b>Hospital ward details :</b> <b>Discharge date:</b> <b>LIKELY MODE OF TRANSPORT (patient to arrange)?</b> Own Car <input type="checkbox"/> Relative/carer <input type="checkbox"/> Bus <input type="checkbox"/> Taxi <input type="checkbox"/> Ambulance <input type="checkbox"/> Housebound <input type="checkbox"/> Unable to transfer onto couch without assistance <input type="checkbox"/>	
<b>INTERPRETER REQUIRED?</b> (if yes, state language) YES <input type="checkbox"/> NO <input type="checkbox"/>			<b>ETHNICITY:</b> Ethnic Origin	
<b>PATIENT HAS GIVEN VERBAL CONSENT FOR:</b> <input type="checkbox"/> the information within this referral to be sent to the receiving care team <input type="checkbox"/> the receiving care team to access the summary / full GP record (where available) for the duration of the period of care, where there is a legitimate reason to do so				
<b>ADDITIONAL NEEDS / LONE WORKER RISKS / GENERAL INFO:</b>				
<b>REFERRAL REASON:</b>				
<p>N.B. The Podiatry Service does not provide a routine simple nail cutting service</p> <p><b>DELETE WHERE APPROPRIATE:</b></p> Problems Medication Allergies				
<b>REFERRER DETAILS:</b>				
<b>REFERRER'S NAME:</b> Free Text Prompt				
<b>SIGNATURE:</b>			<b>DATE:</b> Short date letter merged	

SEND REQUEST TO:	Email
<u>West Cumbria</u> <input type="checkbox"/> Podiatry Dept, Workington Community Hospital, Park Lane, Workington, CA14 2RW <input type="checkbox"/> Podiatry Dept, Flatt Walks Health Centre, 3 Castle Meadows, Whitehaven, CA28 7QE	<a href="mailto:podiatry.requests@ncic.nhs.uk">podiatry.requests@ncic.nhs.uk</a>
<u>Carlisle</u> <input type="checkbox"/> Podiatry Dept, North Carlisle Medical Centre, Eden Street, Stanwix, Carlisle, CA3 9JZ <input type="checkbox"/> Podiatry Dept, London Road Community Clinic, Hilltop Heights, London Road, Carlisle, CA1 2NS	<a href="mailto:carlislepodiatry@ncic.nhs.uk">carlislepodiatry@ncic.nhs.uk</a>
<u>Eden</u> <input type="checkbox"/> Podiatry Dept, Penrith Health Centre, Bridge Lane, Penrith, CA11 8HX	<a href="mailto:penrithpodiatry@ncic.nhs.uk">penrithpodiatry@ncic.nhs.uk</a>

**Note to provider:** this referral form has been standardised locally in line with the required NHS minimum requirements and guidance from Information Governance. Please email [primis@ncic.nhs.uk](mailto:primis@ncic.nhs.uk) with any proposed amendments to the form.

## **Guidelines for referral for Podiatry assessment.**

Referrals are accepted from all health care practitioners and patients themselves

Where possible we aim to cure problems and discharge the patient. We can no longer treat people who have a low medical need but need help cutting their toenails. The majority of our long-term caseload is concentrated on the management of chronic painful foot conditions and the at risk limb/foot which is compromised by circulatory and/or neuropathic complications or an increased risk of infection.

An assessment tool assists in determining varying degrees of medical and podiatric pathology, the combination of which will decide whether a new patient can be accepted for treatment.

Domiciliary visits are available for patients who meet the **strict** criteria for domiciliary care. People who are able to leave the house for hospital appointments, day care or for social events will be asked to attend clinic. The patient transport service may be able to assist people who find it difficult to access transport due to medical reasons.

The following is intended as a guide for the types of conditions/patients where treatment may be appropriate

- **At risk foot/limb**-compromised by circulatory and /or neuropathic complications or an increased risk of infection.
- **Diabetes mellitus** where long term complication are present
- **Connective tissue disorders** such as Rheumatoid Arthritis or Scleroderma.
- **Pharmacological complications** such as chemotherapeutic/immune-suppression agents
- **Biomechanical dysfunction**-resulting in pain in the lower limb in adults and children
- **Podopaediatrics** - children under 12 with gait problems or painful foot conditions
- **Hyperkeratosis**-Heavy corn/callous formation resulting in pain or mobility problems.
- **Pathological nail conditions**-Advice on self-management and where necessary routine treatment may be provided by a podiatry assistant.
- **Painful in growing toenails**-Depending on the patient's medical status, these may be managed conservatively or treated in one of our nail surgery clinics.
- **Wound care**- especially where debridement is indicated.

**General Podiatry referrals may be made to clinics at the following locations:**

### West Cumbria

- Whitehaven
- Silloth
- Aspatria
- Wigton
- Workington
- Cockermouth
- Maryport & Keswick

### Carlisle

- North Carlisle Medical Centre
- London Road Community Clinic
- Brampton Hospital

- Longtown Medical Centre

#### Eden

- Penrith Health Centre
- Kirkby Stephen Health Centre
- Shap Health Centre
- Alston Hospital
- Appleby Health Centre

Domiciliary visits are only available for housebound people who meet the strict criteria for domiciliary care